



# An appeal for evidence-informed disability policy

On April 5<sup>th</sup>, 2016, Kathleen Martin-Ginis' op-ed, entitled *We need data on physical activity among people with disabilities*, was published in the Hamilton Spectator. In it, Kathleen makes a passionate appeal for good quality data upon which to base evidence-informed policy for people with disabilities. The op-ed (short for "opposite the editorial page") is a brief, timely, accessible communication contributed to a newspaper by a member of the public. It is an extraordinary opportunity to reach a broad audience, and it takes some training and some practice to get it right and get it published! *For the full text of the article, [click here](#).*



*A vision of Canada where people with disabilities enjoy full participation and citizenship, supported by a coherent framework of legislation, regulation and programs.*